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## **APPLYING THE PROCESS OF MEANING PERSPECTIVES TRANSFORMATION MODEL IN OCCUPATIONAL THERAPY: WHERE DOES MY CLIENT STAND?**

Category: Contemporary Practice Issues

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The Model of Meaning Perspective Transformation (Dubouloz, King et al. 2010) was created from 20 years of Substantive Grounded Theories research with clients in physical rehabilitation. This Model provides an evidence-based understanding of how and why people transform and find new meaningful occupational engagement. Healthcare professionals (HCPs) who have applied the Model in clinical practice have found that it provides them valuable insight into complex rehabilitation cases. This has allowed HCPs to not take client's rejections personally and to avoid labelling them as "difficult" or "non-compliant"; rather HCPs realized that their clients are perhaps just not ready to change. The use of the Model allows them to respond better to clients' needs and discuss what strategies are needed to facilitate their readiness to change. Occupational Therapists are uniquely situated and have the skills to facilitate this type of learning process.

### **Participants will:**

- - Distinguish the different aspects of the Model
- - Explore examples in their own practice instances of Meaning Perspectives Transformation
- - Identify examples of the application of the model from their practice

### **Teaching methods:**

Using an interactive approach, the presenters will engage participants in discussion and clinically applicable activities. Following an overview of the Model and its evidence-base, participants will be divided into small groups to discuss and apply the model. The presenters will facilitate the sharing of these examples within the larger group as well as provide strategies to participants on how to use the model in their practice.